## November

# Millburn Lunch Curbside Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
7	2	3 No School	4	5	6
Control of the last	Corn Dog Nuggets Vegetable of the Day Fresh Fruit Milk	Chicken Nuggets Vegetable of the Day Cupped Fruit Milk	Turkey Nacho Supreme Vegetable of the Day Raisins/Cranberries Milk	Hot Dog on a Bun Vegetable of the Day Chilled Cupped Fruit Milk	Double Stuffed Crust Pizza Vegetable of the Day Fresh Fruit Milk
	9	10	11	12	13
	Hamburger on a Bun Vegetable of the Day Fresh Fruit Milk	Sun Butter & Jelly Sandwich-V Vegetable of the Day Cupped Fruit Milk	Turkey Nacho Supreme Vegetable of the Day Raisins/Cranberries Milk	Corn Dog Nuggets Vegetable of the Day Chilled Cupped Fruit Milk	Pizza Dippers w/Marinara Sauce Vegetable of the Day Fresh Fruit Milk
	16	17	18	19	20
A THE X STATE OF THE STATE OF	Hot Dog on a Bun Vegetable of the Day Fresh Fruit Milk	Chicken Sandwich Vegetable of the Day Cupped Fruit Milk	Turkey Nacho Supreme Vegetable of the Day Raisins/Cranberries Milk	Chicken Nuggets Vegetable of the Day Cupped Fruit Milk	Hamburger Vegetable of the Day Fresh Fruit Milk
	23	24	25	26	27
	No School	No School	No School	THANKSGIVING No School	No School
	30				
	Corn Dog Nuggets Vegetable of the Day Fresh Fruit Milk				

FREE MEALS

To All Children

18 and Under

#### **Heat & Serve Meals**

these meals are offered precooked and served cold with the purpose of them being heated PRIOR to consuming. Please make sure to **HEAT to a temperature of 165° F or higher**. All hot foods must be held at a temperature of 135° F or

higher.

### Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

#### Make Choices for a Healthy Lifestyle!





For more information or to "Ask the Dietitian", check out our website!

Menu changes are occasionally necessary.

Notice will be given when
possible. This institution is an equal opportunity
employer.

Included with Every Meal
Fruit and Vegetable
1% or Fat-Free Milk